

MENU

3/15

Monday

BREAKFAST: Toast with jam, pineapple, milk

LUNCH: Turkey and cheese sandwiches, oranges, peas, milk

SNACK: Pita chips with hummus, water

Tuesday


BREAKFAST: Rice chex, bananas, milk

LUNCH: Vegetable beef noodle soup, crackers, corn, peaches, milk

SNACK: Fig newtons, apples, water

Wednesday


Breakfast: Cheerios, mandarin oranges, milk

Lunch:  Cheese quesadillas with peppers, tomatoes, grapes, milk

Snack: Graham crackers, cantaloupe, water

Thursday

Breakfast: French toast, applesauce, milk

Lunch:  Soy beef green bean and rice casserole, asparagus, pears, milk

Snack: Tortilla chips with queso con salsa, water


Friday

Breakfast: Banana muffins, apple juice, milk

Lunch: Mini pepperoni pizzas, tossed salad, kiwi, milk

Snack: Nilla wafers, honeydew, water

*All entrees are made from scratch with fresh ingredients

 vegetarian dishes